



Culinary Nutrition Symposium 2026

Explore how cooking skills, food literacy and nutrition science can support healthier and more sustainable lifestyles.

Join international researchers and practitioners for a one-day hybrid symposium featuring:

- Culinary nutrition and behaviour change
- Cooking skills and food literacy
- Food as medicine and ultra-processed foods
- Research, education and practice in Switzerland and beyond

Speakers include Dr. Roberta Asher (Australia), A/Prof Julia Wolfson (USA), Dr. Fiona Lavelle (UK), Prof. Christine Brombach (CH), Ms. Natalie Lötscher (CH), and many others.

When? June 4, 2026

Where? Hybrid: BFH Bern (Schwarztorstrasse 48, 3007 Bern) and online

→ Lunch and networking apéro included for on-site participants

